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1. The submission has not been previously published, including self-published or published in a language different from English, is original and has been written by the stated authors.
2. The article is not currently being considered for publication by any other journal and will not be submitted for such review while under review by ESNBU.
3. The submission has been prepared in two separate files in Microsoft Word file format: “**TitlePage.doc(x)**” containing author details and “**BlindedDocument.doc(x)**” with no author details.
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